



The Tracy Triton Newsletter ~ May 25, 2009

Great Job Triton Swimmers! Also a big thank you to our parent volunteers for working so hard this weekend. Together we put on a great meet and every team commented on how well this meet ran.

**Practice time and location change for the last four days of May
Now we will merge all our swimmers by age group!**

Joe Wilson Pool

Location: Dr. Powers Park

Dates: Tuesday 5/26 - Friday 5/29

Times (open practices)

Come to the one that fits your schedule best

3:30 - 4:30 PM

4:30 - 5:30PM

5:30 - 6:30PM

***this final practice time will be only for those who can not make any other time,
we will only have 3 lanes available for our swimmers, so plan accordingly**

**** Please arrive 10-15 minutes early to check-in and participate in team stretching****

Looking Ahead

Wednesday, May 27th - Triton Board Meeting. Board meeting 6:30pm at Amore's 130 W. 11th Street.

May 30th - Oakdale Tri-Meet. Check-in for this meet will be at 6:30am, warm-up will be at 7:30am. Any swimmer/parent volunteer not checked in by 7am will be scratched from the meet.

June 1st - Summer practice schedule begins! We are not scheduling specific practice times for swimmers at this point; we would like to leave it a little flexible. Here are your options - all at West High School:

1st practice 6 - 7 AM

2nd practice 7 - 8 AM

***3rd practice 5:15 - 6:15 PM**

*3rd practice times are for our swimmers who are still in school and we will only have 6 lanes open to us at this time. If required we will limit who can attend this practice.

June 6th - Oakdale Invitational. This will be a long meet but a good one. Check-in will be at 6:30am, any swimmer not checked in by 7am will be scratched from the meet. This meet will run in a slightly different order see below:

Medley Relay

IM

Short Free

Breaststroke

Free Relay

Butterfly

Backstroke

Long Free

these events are chosen by the computer and approved by coach Pinkie

June 10th - Tracy & Modesto @ Manteca meet sheet is due, meet is on Saturday June 20th. This meet takes place at Sierra High School; see your handbook for map and directions. Please choose only 3 events to enter your swimmer in and submit you entries to Grit@sonic.net via email or place completed meet sheet into the wooden box on the pool deck.