

The Tracy Triton Newsletter ~ July 01, 2009



We now have only 2 meets left in the swim season plus championships for all those who qualify. Next week we will post not only entries (to be initialed) for our Tracy/Turlock home meet on July 11th but a swimmer/meet report. This report will let you know, Coach Pinkie also, if you have met the requirements for championships. Once again any swimmer who has not competed in at least 4 meets (mini-meet doesn't count) will not be eligible to swim at championships.

No Practice Friday Afternoon July 3rd

*there is morning practice available on this date

Summer Practice Schedule

1st practice 6 - 7 AM

2nd practice 7 - 8 AM

*3rd practice 5:15 - 6:15 PM

3rd practice times are for our swimmers who are still in school or families who can not make any other practice time.

** Please arrive 10 minutes early to check-in and participate in team stretching**

Please remember you fin!

Make sure your swimmers are checking in each day, this is important for their eligibility for relays!

Looking Ahead

July 1st - Turlock/Tracy meet sheet is due! Grit is out of town so she will get to all the entries when she returns.

July 4th - Bye weekend - No practice and no meet. Enjoy your weekend.

July 7th - Tuesday - City council meeting at 7pm, please place this date on your calendar. It will be important to show the council that the Tracy Triton Swim Team is important to you and your community.

July 8th - Ceres/Ripon/Tracy meet sheet is due! Please email Grit@sonic.net with you entries or drop them into the wooden box on the pool deck no later than Wednesday 7/8 - Thank You.

July 11th & 18th - will be home meet weekends - more information to come.

July 13th - Championship meet sheets are due! All entries must be received by Monday July 13th so you will have time to double check/verify your entries before they finalized.

July 25th - League Championship at Pittman High School - a single day event with all team attending.

July 28th - Triton Awards Night - 6:30pm dessert, awards start at 6:50pm. Mark your calendars! Location TBA.

This and That

Sherri Stoica is selling practice suits - they are **new** Speedo girl's suits from last year's collection

Sizes 28-34 but some run small enough to fit 26

1 for \$20.00 or buy 2 for \$30.00

Contact Sherri at 607-7053 or email = sherristoica@sbcglobal.net

For Sale: Used Speedo jammers (for boys) size 28

Would make a good practice suit. Make an offer.

Contact Marsha at 835-3312 or dlmccray@pacbell.net